

## Out The Door 32 count, 4 wall, intermediate level

Choreographer: Alison Biggs (UK) October 2003

Choreographed to: Bounce by Sarah Conner from the

single of the same name

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Music: (start on verse vocals)

## 1-8 Touch R beside L & forward, R kick step, push bounce back

- 1-2 Touch right toe beside left foot, touch right toe forward
- 3&4 Kick R forward, step right foot back and bounce back feet together (Think of this as a modified jazz push and press both hands forward as if you are pushing 'Out the Door'.....) 5-6
- Walk forward right and left
- 7&8 Step right foot forward, 1/2 turn L step left foot forward, step right forward
- 9-16 Step forward left & right, heel bounces with 1/4 turn L, 1/2 turn L step back R, L coaster step
- 1-2 Step forward left and right
- 3&4 Turning ¼ left bounce heels 3 times (you can push both hands to the floor when you are bouncina)
- 5-6 Step left forward in extended fifth, <sup>1</sup>/<sub>2</sub> turn left step right back
- 7&8 Step left foot back, step right next to left, step left foot forward
- 17-24 Touch R toe to R side & together, Syncopated R side rock recover & hook, heel bounces, 1/4 turn R syncopated side rock cross
- Touch right toe to right side, touch right toe beside left 1-2
- Rock step right to right side, recover weight on left, hook right foot behind left calf 3&4
- 5&6 Step right down in firth position and bounce heels three times
- 7&8 Turning ¼ right step left foot out to left side, recover weight on right, cross step left over right
- 25-32 Step R to R, <sup>1</sup>/<sub>2</sub> turn L step L to L, syncopated R cross rock & recover step, cross L over R, step R to R, <sup>3</sup>/<sub>4</sub> turn L shuffle forward
- Step right foot to right side, turning 1/2 left step left foot to left side 1-2
- 3&4 Cross rock right foot over left & recover, step right foot to right side
- 5-6.1 Cross step left foot over right, step right foot to right side (starting to execute your ¾ turn L)
- 7&8 Turning ¾ left, step left foot forward, step right next to left, step left foot forward

## Choreographers note:

The dance will take you round the room 8 times and then on wall 9 you will dance to count 16. For big ending on counts 17 to 18 touch R to R side, ¼ turn R, touch R next to L, touch R to R side and strike a pose!

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