

Open Heart Cowboy

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Description : 64 temps, 2 murs, Novice, Décembre 2014

Musique : Little Yellow Blanket par Dean BRODY

ROCKING CHAIR, STEP, LOCK, STEP, HOLD

1-2 Rock R heel forward, Recover onto L
3-4 Rock back on R, Recover onto L
5-6 Step forward R, Lock L behind R
7-8 Step forward R, Hold (12:00)

ROCK, 1/2 HINGE TURN X 2, BACK & KICK, HEEL HOOK

1-2 Rock L forward, Recover onto R
3-4 Touch L toe back, 1/2 turn L lowering L heel to floor (6:00)
5-6 Touch R toe forward, 1/2 turn L lowering R heel to floor (12:00)
7-8 Jump slightly back on L kicking R forward, Hook R heel over L shin

GRAPEVINE, SCUFF, SIDE, SCUFF, SIDE, STOMP

1-2 Step R to R side, Step L behind R
3-4 Step R to R side, Scuff L forward
5-6 Step L to L side, Scuff R forward
7-8 Step R to R side, Up stomp L beside R

STEP, HEEL SLAP, 1/2 TURN BACK, KICK, BACK, HOOK, STEP, SCUFF

1-2 Step forward L, Flick R behind L and slap heel with left hand
3-4 1/2 turn L step back R, Kick L forward (6:00)
5-6 Step back L, Hook R heel over L shin
7-8 Step forward R, Scuff L forward

STEP, UP STOMP, STOMP, STOMP, HEL/TOE SWIVEL, UP STOMP X 2

- 1-2 Step L to L diagonal, Up stomp R beside L
- 3-4 Stomp R slightly R, Stomp L slightly L
- 5-6 Swivel R heel L, Swivel R toe to center
- 7-8 Up stomp R beside L x 2

RESTART DANCE HERE IN WALL 6

1/4 TURN, FULL TURN, HOLD, PIVOT 1/2 TURN, STEP, HOLD

- 1-2 1/4 turn R step forward R, 1/2 turn R step back L (3:00)
- 3-4 1/2 turn R step forward R, Hold (9:00)
- 5-6 Step forward L, Pivot 1/2 turn R onto R (3:00)
- 7-8 Step forward L, Hold

PIVOT 1/2 TURN X 2, OUT-OUT, IN-IN

- 1-2 Step forward R, Pivot 1/2 turn L onto L (9:00)
- 3-4 Step forward R, Pivot 1/2 turn L onto L (3:00)
- 5-6 Step R heel diagonally forward R, Step L heel diagonally forward L
- 7-8 Step R diagonally back in place, Step L diagonally back in place

HEEL, 1/4 TURN FLICK, JUMPING KICK X 2, & TOUCH, UNWIND, HEEL STRUT

- 1-2 Touch R heel forward, 1/4 turn L flick R back (12:00)
- 3-4 Stepping onto R kick L forward, Stepping onto L kick R forward
- 5-6 Stepping R in place touch L toe slightly back, Weight on R unwind 1/2 turn L (6:00)
- 7-8 Touch left heel forward, Lower L foot to floor